



Modern-Eyes

Working together

WITH visually impaired **FOR** visually impaired people

THE MAGAZINE

Issue 76

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**Sharing news, views, comments, information
and technology**

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DISCLAIMER

All information in this magazine is provided in good faith and is, to the best of our knowledge, accurate at the time of printing.

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Modern-Eyes: THE MAGAZINE is available in:

- Large print
- BRAILLE
- Audio CD
- DAISY CD
- Data CD – Word, text and pdf files
- By email
- On the website as a Word file, zipped Word file, webpage or pdf file

Modern-Eyes: THE MAGAZINE is provided free of charge. However, we rely on donations to produce the magazine so any contributions are very welcome.

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Modern-Eyes

and post to:

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FROM YOUR EDITOR

Hello, Everyone!

I hope you all had a really good Christmas and New Year holiday. I also hope you haven't had too many problems with the ice and snow. What a start to the New Year!

Well, our exciting new plans are still on hold as we sort out lots of complicated paperwork but we will let you know just as soon as we can what is happening! We are very busy making sure everything is set up just right.

A big thank you to everyone who sent us donations over Christmas. Your support is very much appreciated.

Now, this month we have, as usual, all sorts of information for you. There is news of some computer classes, a chance for you to offer a little of your time to volunteer, some tech news, online help for family history research, a website to help you compare broadband deals and, of course, much more.

So, snuggle up warm with a nice hot cuppa and a biscuit and read on ...

Sue=====

COMPUTER CLASSES AT GCAB

COME AND JOIN US!

We are now working with AdED – the education section of the County Council – and GCAB to run computer classes at the GCAB resource centre in Albion Street, Cheltenham.

We can offer support and training to use any of the Dolphin products – Supernova, Hal, Lunar, LunarPlus and Dolphin Guide.

There are, at the moment, a few places available. So, if you think you would like to come along, please contact the Gloucestershire County Association for the Blind

Telephone: 01242 22 11 70

POLICE CONTACT NUMBERS

NON-EMERGENCY NUMBERS

We now have the full list of non-emergency numbers should you wish to contact the police anywhere in the UK.

**In an
EMERGENCY, always call
999**

More details can be found on the

Website: www.direct.gov.uk

There are numbers for every force in England, Scotland, Wales and Northern Ireland and they will take up far too much space here but we will put them on our website too, to make them easy to find.

Website: www.modern-eyes.co.uk

If you would like me to send you a list by email or in any other format, just let me know

Telephone: 01453 757 047 Email: sue@modern-eyes.co.uk

VOLUNTEERS NEEDED!

GUIDE DOGS NEED YOUR HELP!

I have been asked by the Stroud Branch of Guide Dogs to print this article. I am a committee member with the group and we do need help from volunteers! If you, or any family, friends or work colleagues can help, please contact Howard

Telephone: 01453 756 756

Make a New Year's Resolution!

Give at least Eight hours a year to Charity, Our Charity: Guide Dogs for the Blind

The snow and ice has been difficult for you and me but think how more treacherous it has been for those people who are blind or partially sighted.

The gift of a guide dog gives them confidence, flexibility and freedom.

Our charity spends approximately £50,000 to breed, train and support each Guide Dog partnership over its life cycle and each year we breed over 1,000 puppies and support around 4,600 partnerships throughout the UK. In Gloucestershire there are 48 partnerships and 18 puppy walkers.

Our charity also invests heavily in research into eye disease and actively promotes eye health care in order to prevent sight loss. We campaign vigorously on behalf of those living with sight loss and are striving to make our streets safer.

Guide Dogs also funds research into canine health and is proud to be the world's largest breeder and trainer of assistance dogs.

Could you find 8 hours a year to help people of all ages achieve the freedoms the rest of us take for granted?

We need lots of volunteers from the Stroud District so that we can organise or take part in events which will raise the money to provide the help they need – they are worth it!

If the answer is “yes” then please ring Howard Powell

Telephone: 01453 756756

Sue's added comments!

We also need some specific volunteers! Could you help us take the sales tent to events and help put it up and take it down?

Are you a good organiser and can you encourage people to help?

We need someone to organise and secure various events and someone to organise rotas to make sure we have people at every event.

If you feel you could do one of these important jobs, or if you know of someone who would, please contact Howard

Telephone: 01453 756 756

ECCENTRIC VIEWING

WHY NOT GIVE IT A TRY!

This article has been sent in by Gill, an Eccentric viewing trainer.

Do you have central vision loss due, for instance, to macular degeneration? If so, you might like to try to develop your 'off-centre' vision. This is called eccentric fixation or eccentric viewing.

Some people find that by looking slightly above, below or sideways at the TV or at someone's face, details can be seen more clearly. Even if you haven't discovered this trick, you might like to find out whether EV would work for you.

The Macular Disease Society has a small network of trained volunteers who can help you with this technique. If you still have some useful vision (newspaper headlines for instance) and are prepared to put in frequent practice in short bursts over a few weeks, EV might be a skill worth learning.

A further technique is needed to learn to read using EV skills however. This is called the Steady Eye Strategy. Clever though the brain is in adjusting to changing conditions, it cannot move this new point of focus along the text. So the text has to be moved along instead, through this patch of clearer vision.

Gill Moseley has been a volunteer EV trainer since 2008. If you live in the Gloucestershire area, give her a call.

Telephone: 01531 820 826

For other areas, call the Macular Disease Society

Telephone: 08452 412 041

There is no charge for the sessions which at present are held at The Forge Centre in Cinderford, and at The Deaf Centre in Gloucester.

Usually, at the first session, you will find out whether EV is of use to you. It does not suit everybody and needs a lot of practice but if you are very keen to regain some reading independence and are prepared to be patient, it could make a difference! Two or three sessions of less than an hour, on a one-to-one basis, spread over a few weeks, are generally enough to get going.

WINTER SALE

RNIB REDUCES SOME PRICES

RNIB has a range of daily living products, clocks and watches, and Christmas cards currently on sale from 11 January until 26 February 2010 or while stocks last.

There are too many items to list here so, if you are thinking of placing an order, do check to see if your item is available at a reduced price.

Telephone: 0303 123 9999

WANT TO GET FIT?

GETTING FIT, STAY HEALTHY!

If you want to get back on track with your diet and lifestyle following the Christmas period, RNIB has a number of useful publications to help.

SHAPING UP

Shaping Up is a monthly magazine packed full of the latest health news and fitness features, not to mention advice and answers to commonly asked medical questions. Available monthly in Braille and electronically, priced £0.50 per issue on subscription.

DON'T DIE YOUNG

Don't Die Young is a book by Alice Roberts which explains how our vital organs work and how to keep them in tip-top condition.

DAISY

Product code: 800436

Cost: £12.99

Braille

Product code: 21390201

Cost: £12.99

YOU ARE WHAT YOU EAT

You are What You Eat Cookbook by Gillian McKeith contains over 200 recipes and menu plans.

Take the food test at the beginning of the book and create your own plan according to your specific needs.

DAISY

Product code: 800068

Cost: £14.99

Braille

Product code: 20178001

Cost: £14.99

DIABETES: THE ESSENTIAL GUIDE

Diabetes: The Essential Guide by Sue Marshall could be helpful. This practical book covers the latest thinking and information on Type 1 and Type 2 diabetes, the diabetic diet and lifestyle, and more.

DAISY

Product code: 801337

Cost: £3.99

Braille

Product code: 21884101

Cost: £8.99

TAKE UP A HOBBY!!

Alternatively, why not think about taking up a hobby or exploring a new subject. RNIB has over 30 magazine titles to choose from in a range of accessible formats which could give you some ideas.

BRAILLE CHESS MAGAZINE

Braille Chess Magazine includes helpful tips, chess problems and reviews of games.

SCIENTIFIC ENQUIRY

Scientific Enquiry presents a wide range of articles on astronomy, earth sciences, chemistry, medicine and more.

... OR JUST HAVE FUN!

PROGRESS AND CONUNDRUM

Progress is a "Family Circle" type magazine and Conundrum which contains crosswords, anagrams, general knowledge quizzes and logic puzzles.

FIND OUT FOR FREE

For the full list of magazines, order RNIB magazines for UK customers. This is free of charge. You can also try the website

Website: www.rnib.org.uk

... AND STILL ON A FITNESS THEME ...

Here are some talking products which might help you keep to your New Year's Resolution to get fit and stay fit!

TALKING PEDOMETER WITH FM RADIO

If you're looking at ways to help you keep trim or monitor your daily exercise, then treat yourself to this talking pedometer. It has an FM radio which scans radio stations until you find the one you want. Then plug in the earphones and listen to music whilst exercising, helping to keep you motivated. The number of steps you have taken, or the distance you have travelled, is announced in a synthetic, female American voice, and it even announces the calories you have burned.

Product code: DH 279

Cost: £12.95

TALKING BATHROOM SCALE

Sometimes it's hard to stay on track when you're dieting but each time you step onto these scales you can hear the positive announcement that you have lost weight. Choose to weigh yourself in stones or kilograms, and if you select kilograms, you can set the voice, which is female, to announce in French, English or German.

Product code: DH 208

Cost: £29.95

TALKING BODY THERMOMETER

We are all more vulnerable to catching colds and viruses during the winter months, so why not be ready to recognise any increase in temperature of children and adults with the talking body thermometer. Within 60 seconds the temperature is announced in a synthetic female voice.

It can also store the previous temperature taken so that you can keep monitoring between readings.

Product code: DH 276

Cost: £12.95

TALKING BLOOD PRESSURE MONITOR

Another way to keep track of your health is to ensure your blood pressure and pulse rate are at the right level for you during and after exercise. This blood pressure monitor announces the readings in a clear male voice and also has a digital display showing readings in 1.5 cm high digits.

Product code: DH 153

Cost: £89.95

Please note:

using this monitor does not substitute any medical advice from a doctor and should be used as a positive step to maintaining good health.

WANT TO LOSE WEIGHT?

Perhaps you would like to join a weight loss group in your area. Most organisations, such as Slimming World and Weight Watchers, can provide their materials in audio versions and, often in Braille too. This will usually only be the weight loss plan and associated materials. You will probably not be able to get any magazines in an alternative format. Most of the main organisations also have a support website which, once you have registered with a group, you can use to find out information, share experiences and find new and interesting ideas with healthy foods.

Joining a local group can be very helpful and supportive and you can meet new people. You may even be lucky enough to join a group that has tasting sessions!!

If you can't get to a group or would prefer to follow a weight loss plan on your own, then, again, most organisations now have an 'At Home' scheme you can subscribe to or you can subscribe to an internet plan and use all the online facilities available.

So, as you can see, there is no excuse!!

READING ON THE MOVE

INTEL LAUNCH PORTABLE READER

Chip giant Intel has shown-off a device designed to give vision-impaired and dyslexic people access to printed text.

The device, known as the Reader, captures text and then reads it aloud and displays it on its built-in screen.

The development is unusual because so-called "assistive technologies" are normally manufactured by specialist companies rather than global giants.

The Reader is the size of a paperback book and uses a high-resolution camera and Intel's Atom processor.

The 600 g (1.3 lb) device was developed by Intel access technology director, Ben Foss, who is dyslexic himself.

"As someone who is part of the dyslexic community, I am thrilled to be able to help level the playing field for people who, like me, do not have easy access to the printed word," he said.

The Reader was launched in the UK on 17 November 2009 at an event in London, after being unveiled in the U S [the week before].

It is expected to sell for around £1,000.

Intel estimates that this technology could benefit as many as eight million people in the U K - if the six million people with dyslexia and other learning difficulties and the two million people with impaired vision are added together.

"The Intel Reader is a tool that can help give people with dyslexia, low-vision and blindness - or other reading-based disabilities - access to the resources they need to be successful in school, work and life," according to Mr Foss.

The Reader is being sold alongside a portable scanner – called the Portable Capture Station - which will process several pages at a time, or even an entire book.

The scanner is contained within a hard-shell briefcase.

The Reader is capable of playing back a variety of content including MP3 files, DAISY books and text files transferred from a computer.

It can also generate audio versions of printed material that can be listened to using a standard MP3 player or computer. The device is fitted with tactile buttons, to make them easy to identify, and the text menus are read out so that it is easily used by people with little or no vision.

Intel says that the Reader will have enough battery power for a typical day's use.

The company's move into the disability market has been welcomed by the Royal National Institute of Blind People (RNIB) and the British Dyslexia Association (BDA).

"This device has the potential to offer a great deal of independence to people who have a difficulty with reading," said BDA chief executive, Judi Stewart.

"So much information is delivered in a print format and a device like this will help to break down barriers to accessing information," added RNIB's Steve Tyler.

The Reader will be available from the specialist assistive technology suppliers like HumanWare and Inclusive Technology as well as mainstream retailers like Amazon.co.uk

Sue's comments:

This sounds really great and, when I first heard about it I thought it would be great for reading on the move – reading menus in restaurants, last minute notes at meetings, all those places where print sneaks up on you! Well, I have now seen, handled and tried one out! I am afraid to say that I was disappointed!

The device is quite neat and not too heavy and has nicely defined buttons and controls. The voices are good and it does scan well.

However, the scanning time is slow as it converts the text into a DAISY format. This I could live with! Unfortunately, as someone who now has very little useful vision, it is really hard to use! The instructions advise you to point the reader at the text you want to read and then, when you can see it clearly on the screen, press the capture button!! Well, that's a no-no for me as I can't see the screen! Apparently, the advice is then to hold the device in both hands and place your elbows on the table. Line up the device with your nose and you should be in about the right position! Well, one is going to feel a bit of a prat in a restaurant clowning around like that, isn't one! And it isn't too accurate a way of focussing anyway.

An optional stand is available and is described as being a briefcase sized stand! So it quickly loses its portability as the stand is a pretty hefty contraption. However, when fitted to the stand, the results are good.

So, I think they do have a way to go before it becomes a really useful tool for those with little or no vision.

Please, if you have dyslexia or have a reasonable amount of useful vision, don't let me put you off. I was definitely impressed by the Reader and, if I had more useful vision, I would definitely consider it. But please, if you are considering buying one, do try it out first to make sure you can use it properly!

READING

A NEW WAY OF ACCESSING BOOKS

FOR SALE ONLY

RNIB is now selling multi-format CD-Roms for some of its books.

Multi-format CD-ROM contains three formats: Braille, large print and DAISY. The Braille version is an embossable grade 2 Braille file. The printable large print version is in PDF format. The Braille and large print versions are available for you to use on screen, or to print one hard copy for personal use only using your home printer. The DAISY version contains full audio and linked text.

For example:

Romeo and Juliet

volume editor: Duncan Beal. 2003

Braille file on CD, Grade 2. Capitals

Book Number: TCM01

Cost: £12.99

DAISY 2.02, 1CD

Book Numbr: TCM01

Cost: £12.99

Recorded using synthetic speech

Large Print file on CD, Size: 24 point

Book Number: TCM01

Cost:£12.99

For more information contact RNIB

Telephone: 0303 123 9999

BOOKS TO BORROW IN GIANT PRINT – 24 point

RNIB now also has a selection of books available to borrow which are produced in Giant Print, ie 24 point. There is a mixed selection so, for more information, contact RNIB

Telephone: 0303 123 9999

HOME SECURITY CHECKS

INFORMATION FROM STROUD DISTRICT COUNCIL

**Press Release: Date 19th January 2010
Council offers free home security checks**

SDC's community safety team is beating the burglars by offering free home security surveys to the district's householders. After undertaking extensive training, the council's neighbourhood wardens are now qualified to offer advice on securing homes and preventing burglaries.

The survey, available to all residents, gives advice on how to make homes less attractive to a potential burglar. Most domestic burglaries are committed by 'opportunists' looking for a house that looks unoccupied with little or no security.

Councillor Joe Forbes, Cabinet Member for Community Services at Stroud District Council said:

'We know that burglary is one of the most feared crimes and this is particularly true for the elderly and vulnerable. The aim of this scheme is to tackle crime by reducing and preventing it.'

To reduce the chances of burglary, householders can take a few basic steps to prevent the opportunist and make it difficult for them to operate:

- Make your home appear occupied when out or away by using timer switches to turn lights on and off**
- Keep keys in a safe place away from windows and doors**
- Don't open your door to unexpected callers. Check their identity first using a door viewer or a door chain**

- **Keep the doors locked, even whilst at home, and keep ground and easily accessible first-floor windows closed at all times**
- **Fit and use good quality British standard locks on doors and windows**
- **Install a burglar alarm**
- **Lock away ladders, garden tools and other items that burglars could use**

For further information contact the community safety team

Telephone: 01453 754 276

ARE YOU MUSICAL?

RNIB HAS LOTS OF Braille MUSIC SCORES

RNIB has lots of music scores available in Braille. These include scores for musicians and singers.

For more information, contact RNIB'

Telephone: 0303 123 9999

RNIB also has music tuition CDs for loan. Again, contact RNIB for more information.

ON THE WEB

FREE WIFI

Free wireless internet is coming to every resident of Swindon in a 1 million pound first for Britain.

A WiFi mesh offering blanket coverage for all of the Wiltshire town's 186,000 citizens will be funded by a mixture of public and private money.

Some 1,400 secure access points are to fitted around the town, similar to those used in homes "but with a much higher performance".

Line rental is free and there is no connection charge but usage will be limited. Subscribers can choose to pay for 20MB upgrades.

COMPARE BROADBAND DEALS

Broadbandchoices.co.uk has launched a broadband bundles calculator (broadband with home phone, digital T V and/or mobile phone).

Consumers can compare the first year cost of a broadband bundle whilst also taking into account the line rental and call plan charges.

Website: www.broadbandchoices.co.uk

GOOGLE UPDATE

Google has revamped its Translate service with a raft of new features, including a speech tool.

The new-look service features a new layout, alongside instant translation, phonetic input and text-to-speech engine.

Instant Translation allows the user to see a translation of the text as they type it - in the same way as Google can display results before a user finishes typing their query.

The text-to-speech engine means that users can hear translations spoken by clicking a small speaker icon.

Meanwhile, the phonetic input works with Arabic, Persian and Hindi, letting users type words as they sound to convert them to native script in that language.

LIGHTS, CAMERA, DOWNLOAD!

The cultural treats of the West End could soon be shown in people's living rooms over the internet.

A new device, which has been likened to iTunes, will show plays by the Royal Shakespeare Company, the Royal Court Theatre, the Almeida Theatre Company, the English Touring Theatre and the Young Vic. Each download will cost £8.99.

The recordings will go online once the live runs have finished.

Website: www.digitaltheatre.com

A PARCEL WITH YOUR PINT?

A new website lets you have your post delivered to your local pub!

Register with the website and you can pick up your parcel in the evening - way past sorting office closing times.

Website: www.useyourlocal.com

RESEARCHING YOUR FAMILY HISTORY?

New online records mean you can search through seven centuries to find out whether your ancestors were involved in wars, crime or simply whether they excelled at arithmetic.

That's thanks to new online search tools such as school registers dating back to the 1500s.

The searchable records on genealogy website family relatives .com include the details of 120,000 past pupils and masters. It lists pupils alongside interesting facts such as whether they were in the school sports team, what qualifications they achieved and their chosen job.

You can also find out whether your ancestors had famous friends like Winston Churchill.

A subscription costs £30.

Website: www.familyrelatives.com

Separately, family tree website www.ancestry.co.uk is giving genealogists the chance to unlock their criminal past. The website has published the registers for all 1.4 million criminal trials in England and Wales from the late 18th to the early 19th centuries. Infamous names featured include Jack the Ripper suspect Dr Neill Cream, and Queen Victoria's would-be assassin Roderick McClean.

Website: www.ancestry.co.uk

Going even further back, information is now online about 250,000 soldiers who fought in the Hundred Years Wars. Search for free for soldiers by surname, rank or year of service on the Medieval Soldier research project database.

Website: www.icmacentre.ac.uk/soldier/database/

COMPUTING

POWER SAVING SCREENS

Philips has announced a new line of monitors that it says can reduce power consumption by up to 70 per cent. It said the Brilliance line of monitors will be equipped with infra-red units that record when a user has stepped away from the screen and automatically place the screen into a sleep state. The monitor returns to its active state when it senses that the user has returned.

WATCH YOUR STEP!!

The Government is to crack down on illegal downloads.

People who illegally download music and films could have their internet connection slowed down or cut off altogether under new legislation.

The Government said its new Digital Economy Bill would ensure the UK was at the "leading edge" of global online industries.

Under the proposed legislation, Internet Service Providers (ISPs) would be required to notify users accused of online piracy. They would also have to record how many times each subscriber receives one of these notifications.

This would allow the copyright holders to apply for a court order to get the name and address of serious repeat offenders so they can take legal action against them.

The Bill also makes provision for the Secretary of State to direct communications regulator Ofcom to develop tough sanctions for illegal file-sharers.

These could include bandwidth capping - where the user's internet connection is slowed down - or temporary suspension of their online account.

The Bill would give the Secretary of State power to require ISPs to impose these measures.

Anyone who feels they have been unfairly penalised could complain through a "clear and effective appeals mechanism".

The Bill also includes a power to amend copyright legislation to deal with any new technologies that emerge in the future.

Business Secretary Lord Mandelson said: "Better protecting our creative communities from the threat of online infringement will ensure existing and emerging talent is rewarded, and will bring new choices for online consumers."

The Bill also includes measures to stop children getting hold of violent video games, move towards a switchover to digital radio and update copyright laws.

STAY SAFE AND SECURE ONLINE

Follow these tips to keep shopping safe!

1) Make sure your PC is secure

a. Ensure you have an active firewall. Windows XP and Vista include one of these. Also make sure you have an anti-virus program. There are very good free ones out there.

2) Check out the retailers

a. Look for links titled Contact us and write down or print the retailer's postal address and phone number. Call the number to make sure that the line is working.

3) Check websites are secure

a. The web address of a secure webpage starts with https instead of http, and there will be a padlock symbol in the bottom of your browser. This padlock symbol may not be on all pages but only on those where you're asked to enter sensitive data. So, for example, your bank's home page may not have the padlock sign but your login screen should.

4) Keep a record

a. You should receive an email receipt; if you have spam-filtering software, this may end up in your junk folder. Print it for safekeeping and keep it until your goods are delivered and credit card charged.

5) Use secure payment

a. Use a credit card to pay for goods worth more than £100 and up to £30,000 as your card company is jointly liable for any problems. For smaller purchases use e-cash systems, such as PayPal
Website: www.paypal.co.uk

6) Avoid phishing scams

a. Watch out for phishing emails. These are hoax emails, supposedly from banks and other financial institutions that ask you to click on an embedded website link and enter your account details.

7) Beware of hidden costs

a. Watch out for hidden costs, such as delivery costs, customs duty and VAT; VAT should be included in the price (as set out in the Electronic Commerce Directive 2002).

8) Know your rights

a. When you buy online from a UK-based company the goods must be of satisfactory quality, fit for purpose and as described when sold. If a retailer breaches any of these terms, you have a right to reject the goods within a reasonable time and get a full refund. If you send goods back for anything that is the fault of the supplier, you should not have to pay the postage.

9) Cooling off period

a. The Distance Selling Regulations (DSR) give you a cooling-off period starting from the moment you place an order and ending seven working days from the day after you receive it. During this period you can cancel without giving a reason.

COMPUTER CLASSES

IT WORKSHOPS

Don't forget our workshops at Coney Hill. We can now also offer workshops for Dolphin Guide users as well as Supernova.

If you would like to come to a workshop, just let us know!

Telephone: 01453 757 047

Email: sue@modern-eyes.co.uk

Or rob@modern-eyes.co.uk

We are also taking names of anyone in other areas who would like a class nearer to them. If you would like to join a class but can't make

it to Coney Hill, let us know and we will do our best to encourage enough people in your area to come along!

Classes for Dolphin and Dolphin Guide users are also running at GCAB until July 2010. If you would like to come along please contact GCAB

Telephone: 01242 22 11 70

Whether you are using Guide/Dolphin Guide or one of the Dolphin products – Supernova, Hal or Lunar, we can help! We are now including all these in our workshops so do get in touch.

WORKBOOKS

If you are using Hal, Lunar, Lunar Plus or Supernova, you may like to know that we at Modern-Eyes have written some work books to help you get to know your software, set it up how you want it and practice a few exercises.

We have one for guiding you through the magnification and colour schemes and one for helping you to choose your voice, amount of reading and more. They are currently for Windows XP systems.

We also have books to help you get started with word processing and how to manage your files and folders on your PC. And there is now a new one to help you with digital photography!

We also have a workbook to help you if you use Dolphin's Cicero to scan and read documents. It helps you set up the program to your own preferences so you can read things in exactly the way you want.

The books cost from £7.50 each and are available in any format.

A comprehensive guide to using the internet with Dolphin software, as well as a complete guide to emailing with Outlook Express are also available at a cost of £35 each.

We have added books to help you if you are using Dolphin Guide or Dolphin Guide Hands Free software.

For the full list of workbooks please visit our website

Website: <http://www.training-me.co.uk/pages/services/workbooks.html>

Telephone: 01453 757 047

Email: sue@modern-eyes.co.uk

TRANSCRIPTION

LET US CONVERT YOUR UNREADABLE TEXT!

Don't forget that we can convert documents into almost any format! We can offer BRAILLE, large print, standard audio, MP3, DAISY and, if you can think of it, we can probably do it!

We can now also put your documents onto a memory stick or SD card so you can read them on your computer or portable reader.

We can now also convert CDs to MP3 so you can put them onto your MP3 player.

So, if you have documents or music you need converting, let us know.

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